

**Common Energy and Carbon Saving Tips for the Home
(Random order!)**

- a If you have a Combi boiler turn it down to 55 degrees for Hot water and turn down to 50 degrees central heating circuit.
- b Turn your heating thermostat down (This is likely to save the most energy in a home.)
- c Wash cloths on a colder wash eg 30 deg.
- d Buy green energy from a green energy supplier
- e Use an ethical bank to reduce your money's carbon emissions . Which reviews bank's ethics.
<https://www.which.co.uk/news/article/which-reveals-britains-greenest-banks-afd5U5u3w0Pg>
- f Eat more fruit and veg and plant based protein. (Good for the body and the planet)
- g Buy less new stuff (Avoids embodied energy)
- h Install LED lights every where avoid keeping them on
- i Seal holes in the ceiling/floor of the airing cupboard lots of hot air can escape into a loft this way
- j Use a washing line or cloths dryer not a tumble dryer
- k Talk to your neighbours about what energy saving things have worked for you.